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# Living History: Race, Diversity and Equality: Then & Now

Developed by the Congress of Black Women of Manitoba Inc.

## Teacher Guide

Recommended for Grades 9-12

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## About Living History: Race, Diversity and Equality: Then and Now

The Congress of Black Women of Manitoba Inc. (COBW) with support from the Ethnocultural Community Support Program (ECSP) grant developed this resource to explore black history in Canada and how it relates to race, diversity and equality on a local and global scale. Youth are taken on an inquiry-based learning journey where they are challenged to examine personal beliefs and brainstorm ways to make a difference. This resource is to be used with COBW's video, Living History: Local Voices, Racial Inequality on the job: Then and Now.

## About the Congress of Black Women of Manitoba:

COBW is a non-profit organization which works to enhance the consciousness, education and rights of Black Women in Manitoba. The organization was founded on International Women's Day, March 8th, 1981.

### Our Objectives:

- To plan and implement programs geared to the needs of Black Women of all ages in Manitoba;
- To encourage the education and development of Black Women and to familiarize them with the educational systems and institutions so that they and their families may achieve their full potential;
- To increase awareness and provide a forum for Black Women in Manitoba to discuss relevant issues and recommend solutions for constructive change;
- To foster a climate in which it is acceptable for Black Women to openly examine issues and concerns which affect them and their families.

This resource was made possible with support from the following organizations. Thank you.



## Introduction: Activity A What I Learned

1. Have youth individually complete the Your Opinions sheet (on USB drive).
2. Have youth watch the video, Living History: Local Voices, Racial Inequality on the job: Then and Now (on USB drive).
3. Break youth into groups of four or five.
4. Read the attached Living History: Race, Diversity and Equality: Then and Now document to provide context to the video they just watched (on USB drive).
5. Have youth individually complete the What I learned sheet (on USB drive).
6. In groups, have youth discuss their changes in opinions, focusing on what shifted their opinion.
7. As a whole, ask youth what they learned through this activity. Ask them to share experiences they have had.



## Introduction: Activity B Civil Rights Activist Biography

### In groups or individually:

1. Have youth investigate a local, national or global civil rights activist.
2. Complete the biography profile (on USB drive).
3. Have youth brainstorm ideas – big or small – on how they can help to end racism.
4. Share findings with the group.

